

Sorrel

Rumex acetosa · Buckwheat family

DIFFICULTY

Easy

TYPE

Perennial, direct sown or division

MATURITY

Usable from 8 weeks



SUN

Full-part sun



WATER

Regular



SOIL PH

6.0–6.8



SPACING

20–30cm

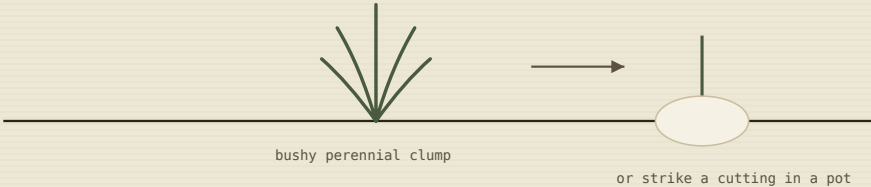


DEPTH

0.5cm

01 A tangy, low-maintenance perennial

A lemony, sharp-tasting perennial green that comes back reliably each year with minimal input — a useful, unusual addition to salads once established.



02 Planting

METHOD	Direct sow or divide an established clump.
SOIL	Rich, moisture-retentive.
TIMING	Plant in spring or autumn.

04 Problems

- **Leaf miner** — pale tunnels; remove affected leaves.
- **Rust** — orange spotting; improve airflow.
- **Bolting** — remove flower stalks promptly.
- **Few other issues** — a generally trouble-free perennial.

03 Growing care

- Remove flower stalks promptly to keep leaf production going.
- Water regularly — leaves toughen and turn bitter under drought stress.
- Divide clumps every few years to renew vigour.
- Harvest outer leaves continuously.

05 Harvest & storage

SIGNS	Leaves reach usable size, harvested continuously through the growing season.
METHOD	Snip outer leaves, leaving the centre to keep producing.
CURING	None needed.
STORAGE	Fridge, a few days.

06 Companions & rotation

PLANT NEARBY	AVOID NEARBY	ROTATION NOTE
Strawberry	None major	Not applicable — long-lived perennial.